



UC San Diego

SCHOOL OF MEDICINE

ACKNOWLEDGEMENT OF CERTIFICATION STATUS

This is to acknowledge

Jörg Mangold

is a graduate of the UC San Diego Center for Mindfulness

Mindfulness-Based Professional Training Institute

and has completed all requirements to become a fully certified teacher of
the Mindful Self-Compassion program as outlined by the Center for Mindful Self Compassion

November 17, 2016



A handwritten signature in blue ink, appearing to read "SDH", with "Psy.D." written in smaller letters to the right.

Steven D. Hickman, Psy.D.

Associate Clinical Professor,

UC San Diego Departments of Psychiatry and Family & Preventive Medicine

Executive Director, UC San Diego Center for Mindfulness